

Grief is a bitch



Shit, Why'd You Have to Die? A Collection of Self-Guided Grief Journals With Simple Prompts To Help You Heal After The Death of a Friend

Featuring easy instructions, 60 suggested prompts and 98 delicately lined pages, you have the perfect place to put all those things you never got around to telling to your bestie before they bailed on you.

Using the helpful questions and handy check boxes at the front of the book, you can chart your own course through your journalling journey. Pick one sentence at random or work down the list, checking them off as you go. The delicately lined pages are designed to write it all out, filling as many or as few sheets as you need for your thoughts.

- Handy 6"x9" format
- 60 thought provoking prompts
- 108 pages total
- Available in paperback and hardback
- Versions tailored for Friends, Bitches and Dudes



WHO IT'S FOR

This powerful little grief journal is perfect for people who are:

- Struggling with the loss of a friend
- Looking for a way to remember and reflect on memories of their bestie
- Needing a safe place and simple format for writing out their feelings
- Wanting a simple and flexible tool for self-guided journaling
- Helping a friend or loved one through the grieving process
- Looking for a gift to present at funerals, wakes and memorial services



ORDER IT TODAY

BLIXA 6 BOOKS

books@blix6studios.com

www.blix6studios.com



@blix6studios